

2025/2026 KARATE SEASON

BEGINS SEPTEMBER 15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1X PER WEEK ONLY	SATURDAY 1X PER WEEK ONLY
PRIVATE LESSON AVAILABLE 4:30 - 5:00	JUNIOR AGE 8 TO 10 ALL BELTS 5:00 - 6:00	KARATE TOTS AGE 3.5 TO 5 4 WEEK INTRO PROGRAM 4:30 - 5:00	PRE JUNIOR (1X PER WEEK) AGE 5 TO 7 ALL BELTS 4:45 - 5:30	12 WEEK MINI DRAGONS AGE 3.5 TO 4.5 4:30 - 5:00	12 WEEK MINI DRAGONS AGE 3.5 TO 4.5 9:30 - 10:00
PRE JUNIOR AGE 5 TO 7 ALL BELTS 5:00 - 5:45	KOBUDO AGE 7 TO 10 ORANGE ADV. & UP 6:00 - 6:45	PRE JUNIOR AGE 5 TO 7 ALL BELTS 5:00 - 5:45	JUNIOR AGE 8 TO 10 ALL BELTS 5:30 - 6:30	PRE JUNIOR AGE 5 TO 7 ALL BELTS 5:00 - 5:45	PRE JUNIOR (1X) AGE 5 TO 7 ALL BELTS 10:00 - 10:45
TEEN AGE 15 TO 18 ALL BELTS 6:00 - 7:00	JUNIOR AGE 11 TO 14 ALL BELTS 6:45 - 7:45	TEEN AGE 15 TO 18 ALL BELTS 6:00 - 7:00	KOBUDO AGE 11 + ORANGE ADV. & UP 6:30 - 7:15 TESSHINKAN	JUNIOR AGE 8 TO 13 WHITE TO ORANGE 5:45 - 6:45	KOBUDO AGE 7 - 10 ORANGE ADV. & UP 10:45 - 11:30
ADULT 17 + ALL BELTS 7:00 - 8:15		BLACK BELT PREP JUNIOR & ADULT 7:00 - 7:30 JANUARY TO JUNE	JUNIOR AGE 11 TO 14 ALL BELTS 7:15 - 8:15	JUNIOR AGE 8 TO 13 RED TO BROWN 6:45 - 7:45	JUNIOR (1X) AGE 8 TO 13 ALL BELTS 11:30 - 12:30

ADULT
17 +
ALL BELTS
7:30 - 8:45

CONTACT: TRIPLE ARTS KARATE DOJO
125 TURNBULL CRT. (UNIT 4)
CAMBRIDGE

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